

# FTC Resources for Debt

**Debt Collection FAQ's - [A Guide for Consumers \(Español\)](#)**

The Federal Trade Commission (FTC), the nation's consumer protection agency, enforces the Fair Debt Collection Practices Act (FDCPA), which prohibits debt collectors from using abusive, unfair, or deceptive practices to collect from you.

**Dealing with debt** - how to avoid scams

[Money Matters \(Español\)](#)- how to spot and avoid report scams

**Knee deep in debt**

[How to get out of debt](#)

**Fair Debt Collection Practices Act**

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Last updated on January 31, 2024.

[Consumer](#)

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